

SCHEDULE

The full schedule of the ICF Quebec 2026 Convention

DAY 1
TUESDAY OCTOBER 27, 2026

DAY 2
WEDNESDAY OCTOBER 28, 2026

7:15 a.m. to 8:15 a.m.

Registration and welcome lunch
Room Grande Portée



8:15 a.m.

Convention opening and a word from the president
with [Stéphane Coulier](#) President of ICF Québec
Room Grande Portée



8:45 a.m.

Opening conference
Sous les projecteurs : 37 ans d'info (in French)
with [Sophie Thibault](#)
Room Grande Portée

10:15 a.m.

Break

Block 1 Workshops | 10:45 a.m.



Danser avec le Vivant : supervision collective pour coachs (in French)
with [Dominique Barbès](#) et [Sophie Gélinas](#)



Cultiver une énergie mentale positive au service de la posture de coach ICF (in French)
with [Jacques Gaumond](#), [Manon Boisvert](#) et [Pierrette Marcotte](#)



Démystifier la supervision: un espace de ressourcement pour le coach (in French)
with [Marie-Pierre Caouette](#)



Leadership en mouvement : tendances, développement et coaching (in French)
with [Stéphanie Laflamme](#)



From Insight to Integration: The Neuroscience of Sustainable Change (in English)
with [Irena O'Brien](#)

12:00 p.m.

Visit to the Exhibitor AREA and networking

12:15 p.m.

Lunch room Grande Portée

12:30 p.m.

Student dinner (by invitation) at room Grande Portée

Block 2 Workshops | 1:30 p.m.



Turbo Coaching MD : vivez la puissance de l'intervention courte (in French)
with [Isabelle Lord](#)



Quand la nature nous révèle les clés pour faire de nous de meilleur.es coachs (in French)
with [Anouk Lorie](#) et [Daniel Renaud](#)



La nature : outil ou partenaire de coaching ? (in French)
with [Gabrielle Pilote](#) et [Marie Hélène Tremblay](#)



Le coaching à l'œuvre : révéler les compétences derrière chaque conversation (in French)
with [Lyné Leblanc](#) et [Sylvie Paradis](#)



Sustainable Transformation: Coaching's Role in Change Management (in English)
with [Patricia Pluze](#)

3 p.m.

Break

Block 3 Workshops | 3:30 p.m.



From Insight to Integration: The Neuroscience of Sustainable Change (in English)
with [Irena O'Brien](#)



L'état de la recherche en coaching à l'épreuve du terrain (in French)
with [Stéphane Coulier](#) et [Franck Barès](#)



with [Janine Hopkinson](#)



Les "beaux malaises" du coaching : de l'inconfort à la conscience éthique (in French)
with [Geneviève Perry](#)



Co-Creating the future of coaching with Co-Development Action Learning (CAL) (in English)
with [Benoit Desgroselliers](#) et [Ron Cheshire](#)

5 p.m.

Cocktail

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7:15 a.m. to 8:15 a.m. Networking lunch Room Grande Portée	
8:15 a.m. Opening of the day and welcome address Room Grande Portée	
8:30 p.m. General Assembly Room Grande Portée	
 10:00 a.m. Pause santé : pause d'ancrage et de présence (in French) with Monique Pelland Room Grande Portée	
Block 4 Workshops 10:30 a.m.	
 Co-cr��ter le coaching de demain avec le Co-d��veloppement Action Learning (CAL) (in French) with Beno��t Desgroseillers et Ron Cheshire  Le coaching �� l'��uvre : r��v��ler les comp��tences derri��re chaque conversation (in French) with Lyne Leblanc et Sylvie Paradis	
 La nature : outil ou partenaire de coaching ? (in French) with Gabrielle Pilote and Marie H��l��ne Tremblay  L'��tat de la recherche en coaching �� l'��preuve du terrain (in French) with St��phane Coulier et Fran��ck Bar��s	
 Coaching from the Back Body: Deepening Your Presence in the Coaching Seat (in English) with Janine Hopkinson	
12:00 p.m. Lunch room Grande Port��e	
Block 5 Workshops 1:30 a.m.	
 Transformer durablement : l'impact du coaching dans les d��marches de la gestion du changement (in French) with Patricia Piuze  Danser avec le Vivant : supervision collective pour coaches (in French) with Dominique Barb��s et Sophie G��linas	
 Quand la nature nous r��v��le les cl��s pour faire de nous de meilleur.es coaches (in French) with Anouk Lorie et Daniel Renaud  Les "beaux malaises" du coaching : de l'inconfort �� la conscience ��thique (in French) with Genevi��ve Perry	
 Cultivating positive mental energy to support the ICF coach's posture (in English) with Jacques Gaumond, Manon Boisvert et Pierrette Marcotte	
3:00 p.m. Break	
 3:30 p.m. Closing Activity Ralentir pour mieux guider (in French) avec R��mi Tremblay Room Grande Port��e	
4:45 p.m. Final words	